

SPIRIT AND TRUTH—WITH A PRIEST/DEACON
Friday nights 7:30-9pm

Music Leader: (Optional Opening Song)

Leader: Open with John 4:23, Isaiah 43:19, opening prayer.
(Optional: Introductions, Ice-Breaker, or Spiritual Question)

Priest/Deacon: [Exposition]

“Please Kneel”

The priest or deacon obtains the Blessed Sacrament from the tabernacle and places it in the monstrance in silence. *(The assistant prepares the censer for incensing.)*

The priest or deacon kneels before the altar and incenses it while O Salutaris is sung

“O Salutaris”

O salutáris hóstia,

Uni trinóque Dómino

Quae caeli pandis óstium:

Sit sempitérna glória:

Bella premunt hostília,

Qui vitam sine término

Da robur fer auxiliúm.

Nobis donet in pátria. Amen.

“Praised be the God and Father of our Lord Jesus Christ, who in his great mercy gave us new birth into a living hope by the resurrection of Jesus Christ from the dead. Blessed be God forever.” (All: Blessed be God forever)

“Let us pray: Almighty and eternal God, in Christ your Son you have shown your glory to the world. Guide the work of your Church: help it to proclaim your name, to persevere in faith and to bring your salvation to people everywhere. We ask this through Christ our Lord.” (All: Amen)

Moment of silent meditation

Teaching 5-10 minutes (or Rosary)

Moment of silent meditation

Music Leader: Praise and Worship. Stop around 8:40pm (approximately 30 minutes)
(Music leader can indicate to Priest/Deacon when we're ready to begin intercessions.)

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Priest/Deacon: [Intercessions]

“My brothers and sisters, our heavenly Father sent his Son Jesus Christ into the world that the world might be saved and all might be delivered from the power of sin and death. As a pilgrim people seeking Christ’s gift of everlasting life, let us pray for all people according to their needs. Let us kneel.”

The priest or deacon offers general prayers for the Church, the faithful, and the world.
(“Let us pray to the Lord.” All: “Lord, hear our prayer.”)

“Gathering our prayers and praise into one, let us offer the prayer Christ himself taught us: Our Father...” (All recite the Lord’s Prayer)

(The assistant prepares the censer for incensing.)

[Benediction]

The priest or deacon kneels before the altar and incenses it while Tantum Ergo is sung.

“Tantum Ergo”

Tantum ergo Sacramentum	Genitóri Genitóque
Venerémur cernui:	Laus et jubilátio
Et antíquum documéntum	Salus, honor, virtus quoque
Novo cedat rítui:	Sit et benedíctio:
Praestet fides suppleméntum	Procedénti ab utróque
Sénsuum deféctui.	Compar sit laudátio. Amen.

“You have given them bread from heaven.”

(All chant: “Having all sweetness within it.”)

(The assistant prepares the humeral veil)

“Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever.” Amen.

The priest or deacon puts on the humeral veil, genuflects, and gives Benediction with the monstrance in silence.

(The assistance incenses the Monstrance 3 times)

The priest or deacon returns to the altar, kneels,

“The Divine Praises”

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

“Let us pray. May the Heart of Jesus in the Most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all of the tabernacles of the world even to the end of time.” “Amen.”

[Reposition of the Blessed Sacrament]

The priest or deacon reposes the Blessed Sacrament (while Holy God is sung.)

“Holy God, We Praise Thy Name”

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Leader:

Sharing, discussion of prayer time.

Announcements (are we getting together somewhere?)

Closing prayer (for the intentions of our Holy Father—Our Father, Hail Mary, & Glory Be)

SPIRIT AND TRUTH—WITHOUT A PRIEST

Friday nights 7:30-9pm

(Without a Priest you do not use incense and you do not sing Tantum Ergo)

Music Leader: (Optional Opening Song)

Leader: Open with John 4:23, Isaiah 43:19, opening prayer.
(Optional: Introductions, Ice-Breaker, or Spiritual Question.)
(**Teaching:** If there is a teaching, it should be done at this time).

Intentions: Prayer petitions can come at this time. We used to do this with the yellow pads of paper... out loud or silently.

Eucharistic Minister: [Exposition and Worship]

“Please Kneel”

The Eucharistic Minister obtains the Blessed Sacrament from the tabernacle and places it in the monstrance in silence.

Music Leader:

“O Salutaris” is sung

O salutáris hóstia,	Uni trinóque Dómino
Quae caeli pandis óstium:	Sit sempitérna glória:
Bella premunt hostília,	Qui vitam sine término
Da robur fer auxiliúm.	Nobis donet in pátria. Amen.

Moment of silent meditation

Leader: If there a **Rosary**, Divine Mercy Chaplet (or some form of community prayer) it can be done during exposition.

Moment of silent meditation

Music Leader: Praise and Worship. Stop around 8:40pm (approximately 30 minutes)

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Eucharistic Minister: [Reposition of the Blessed Sacrament]

“Please Kneel”

The Eucharistic Minister reposes the Blessed Sacrament (as Holy God is sung.)

Music Leader:

As the Blessed Sacrament is being reposed, sing “**Holy God, We Praise Thy Name**”

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Leader: Sharing, discussion of prayer time.
Announcements (are we getting together somewhere?)
Closing prayer (for the intentions of our Holy Father—Our Father, Hail Mary, & Glory Be)

